



I HAVE A NEW HEART AND A NEW SPIRIT!

Jesus did more on the cross than just purchase a new destination for you. He planted within your being the first fruits of a new *nature*. Before Jesus, you were dominated by a sin nature that stood in opposition to God's very purpose for you. But when you came to Christ, you were made new. You now have a new heart that *desires* to follow Jesus. The Holy Spirit has breathed into your spirit with power, which *enables* you to fully live for him! While you are still opposed by sin, it isn't your identity anymore. According to God, it is a "dead" former shell of who you used to be that he calls you to leave buried (see Romans 6:8-14). Don't listen to the bullying voice of your accuser. God made you new. Everything else is a lie. You aren't who you used to be anymore. You have been gloriously reborn and are invited to live out every purpose your Daddy has for you today!

"I will give you a *new heart* and put a *new spirit* in you; I will remove from you your heart of stone and give you a heart of flesh. And I will *put my Spirit in you* and move you to follow my decrees and be careful to keep my laws. Then, you will live in the land I gave your ancestors; you will be my people, and I will be your God!"
Ezekiel 36:26-28 – Emphasis added.

QUESTIONS FOR PERSONAL REFLECTION:

1. *The enemy hates grace and is terrified of the joy, freedom and power you will experience when you agree with the God who forgives you. Are there any places he tries to bury you under guilt of a previous decision or lifestyle that you've already repented for? Read 1 John 1:9 and break guilt off who you used to be.*
2. *Do you feel like God delights in you? Why or why not? Be honest with him, asking him to help you see his "delight!" Name some specific ways that he says he delights in you.*
3. *If you struggle receiving that you are really a new creation, read Chapter 8 in "Life in the Overflow": Unearthing Our Identity.*

PRAYER:

Lord, you are amazing. Thank you for completely transforming my heart. Thank you for removing the "old me" and burying it. Thank you for empowering me to see and follow you as a completely new creation. I choose to leave the "old me" in the ground today and break any agreement with the enemy that I am still that person. I am free in your love for me!

LISTENING TIME:

Stop for a few minutes and ask the Lord what he wants to say to you. He might bring to mind a picture, a word, a song, an encouragement, a Scripture or an answer to a burden in your heart. Don't rush or feel pressure to figure

out the meaning of your impressions. Just invite him to speak and draw or write down what you sense. Afterward, ask God to help you discern and understand what he is saying to you. You might want to ask other trusted friends in the Kingdom for their input as well.

USE THE FOLLOWING SPACE TO RECORD WHAT GOD IS SAYING



TOOLS FOR FAMILY DEVOTIONS:

Talk about the difference between repairing something old and broken and receiving the same thing brand new, like a toy, an electronic game or even a car. Talk about what it means for Jesus to make us new. Thank him for giving us a new spirit!

TOOLS FOR PRAYING FOR OTHERS:

Pray for someone worn down by life to be revived and renewed!