



I HAVE EXCEEDINGLY GREAT AND PRECIOUS PROMISES FROM GOD!

A promise is only as good as the one who makes it. A promise from an unreliable person is a recipe for heartbreak and resentment, but a promise from someone with a proven track record is a source of hope and perseverance in trying times. Slowly consider each of the following promises from God and remember that when God promises something, it's a guarantee! Let it stand as an anchor through the turbulent waters you find yourself presently navigating.

- When you seek the Lord with all of your heart, you *will* find him (Deuteronomy 4:29).
- God *will* strengthen and protect you from the evil one (2 Thessalonians 3:3).
- In all circumstances, he *will* work to the good of those who love him (Romans 8:28).
- God *will* comfort you in your afflictions (2 Corinthians 1:3-4).
- Your eternal inheritance *will* be secure and *will* be held for you (1 Peter 1:4).
- God *will* finish the work he began in you (Philippians 1:6).
- God *will* supply everything you need (Matthew 6:33, Philippians 4:19).
- God *will* give rest for your soul when you bring your burdens to him (Matthew 11:28-30).
- God *will* give the presence of his Holy Spirit to fill you with his power everywhere you go (Luke 24:49, Acts 1:8).
- Jesus *will* always be with you. He *will* never leave or forsake you (Matthew 28:20, Hebrews 13:5).
- When you pass through the waters, they *will not* sweep over you. When you pass through the fire, you *will not* be burned because he *will* be with you (Isaiah 43:1-4).
- God *will* fill you with peace deeper than you can understand as you bring your heart before him (John 14:27, Philippians 4:4-9).

“Through these He has given us *very great and precious promises*, so that through them you may participate in the divine nature, having escaped the corruption in the world caused by evil desires” 2 Peter 1:4 – Emphasis added.

QUESTIONS FOR PERSONAL REFLECTION:

1. *You can only follow God as far as you **trust** him. We trust him more as we realize the depths of his love for us. Are you struggling with grasping his love for you or with believing his promises in any area of your life? What is it?*
2. *Is there any place you need to “forgive” God – an area it feels like he didn’t come through or answer the cry of your heart? Talk to him and ask him to give you his wisdom and peace for the situation you find yourself in. Don’t be afraid to be vulnerable! Seek outside help if needed.*
3. *Look at the short list of God’s promises above. Which promise(s) do you really need to stand on today? Spend a few minutes declaring that promise over your life!*

