

Missional Community

LIFE & LAUNCH

Guide





MC LIFE GUIDE:

Missional Community life is meant to be life as a healthy family. Relational. Stable. Growing. Consistent. 5-fold muscles are being exercised and we are all growing in depth and capacity. Family is messy, so expect things to get hard. Dare to have brave conversations. Stick with it.

Best practices:

1. Meet regularly. (*3x a month min.*)
2. Maintain an MC calendar.
3. Stay current on attendance and MC membership.
4. Create a safe place to share and keep confidentiality.
5. Share the food responsibilities.
6. Start a communication thread that works for everyone. (*Facebook messenger, text, Marco Polo, etc.*)
7. Invite MC members into your weekly activities and rhythms. Sabbath together. Play.

Rhythms/Postures of a weekly meeting:

1. Looking Up

This is any prophetic type of activity that focuses the attention upward on Jesus. This should key in on gratitude, praise, listening prayer, and worship. You do this in many ways including: Singing. Scripture. Prayer. Prophetic activations, etc.

2. Looking In

Check in on each other. What are the needs of the moment? Vulnerability will be key here. This time can include things like Lectio Divina, listening prayer, "hot seat" restoration prayer, teaching, confession, prophetic

activations, breaking into smaller groups, etc. (Sharing meals, coffee, and/or dessert is another way for this to happen organically if you practice intentionality.)

3. Looking Out

How can you join one another as lifestyle missionaries to those who don't yet know the love of Jesus for themselves? Who is your someone? Also, who are you serving as an MC regularly? Where is the MC needing to look outward to invite others in? Lastly, you will want to keep an eye on the effectiveness of your MC due to size. There may come a time when multiplication/birthing out your MC is necessary so that more people can share in the goodness that you are experiencing.

What to do with kids?

Have them join in on as much as appropriate age-wise. Take turns having adults or teens in the MC watch/play with the kids. If this becomes a hindrance despite your efforts to solve it, reach out to your Pastoral covering on the staff to troubleshoot.

Pastoring through disagreement in an MC?

Practice Matthew 18. Remember to deal with your own heart with the Lord first. Forgive, then confront. Approach humbly and pastorally.

Life beyond the weekly meeting ideas:

1. How can you join each other in activities you normally do during the week? Grocery shopping? Exercise? Hobbies? Kid activities?
2. Share a meal on a different night.
3. Attend church events together. (Send Her Brunch, Men's workdays, etc.)
4. Serve together on Sundays. (Greeting team, kids ministry, student ministry, praise team, etc.)



MC LAUNCH GUIDE:

1. New MCs launch from existing ones. 6-8 weeks minimum for current Overflow attendees/members.
2. Proceed on a case-by-case basis for new attendees coming into fellowship with us. The main thing is that vetting by upper leadership takes place.
3. Present the potential MC leader to the elders for agreement.
4. Pray over and send/launch during a Sunday morning service.
5. **Questions to ask:** Are they a connected member with us? Do they have any church hurts that need to be addressed in restoration? Attending regularly on Sunday mornings? (2-3 weeks a month) Tithing? Willing to spend 6-8 weeks in an existing MC? Have a willingness to grow in understanding lifestyle missionary culture? Can agree to quarterly MC leader meetings (2 online and 2 in person per year) Commit to one year of leadership of the MC? Do they have people in mind to go with them as they launch the new MC?

Other Resources Coming Soon:

1. 5-Fold activation & exercise ideas.
2. Matthew 18 Principles for biblical restoration.
3. When it's time to launch/multiply guide.
4. Explanation of Lectio Divina.
5. Explanation of Listening Prayer.
6. Books, Blogs, Podcasts, Bible Studies Resource Page.